

Courtenay/Comox - July 6-7, 2011
 Nanaimo - July 9-10, 2011
 Victoria - July 11-13, 2011
 Parksville - July 15-16, 2011



Cost:
 D-Man - \$135
 Goalie - \$200
 inc HST

GROUP 1-AGE 12+ GROUP 2 AGES 7-11
 1.5 HR ON-ICE SESSION DAILY
 45 MINS. VIDEO/CLASSROOM SESSION DAILY
 MAXIMUM OF 12 PARTICIPANTS PER GROUP



D-MAN & GOALIE CLINICS

in co-operation with
PROGRESSIVE
GOALTENDING



Clinic Conductor-Henry Acres
Pro Defenceman-Europe



Clinic Highlights

- ODD MAN RUSH SITUATIONS-2 ON 1, 3 ON 1, 3 ON 2
- 2 ON 2, 3 ON 3 RUSHES AND IN THE DEFENSIVE ZONE
- GAP CONTROL-TAKING BACK ICE
- CONTROLLING THE FRONT OF THE NET
- PARTNER SUPPORT
- COMMUNICATION WITH GOALIE, PARTNER AND FORWARDS
- TRANSITIONAL PLAY
- SPECIAL TEAMS PLAY
- POSITION SPECIFIC SKATING DRILLS
- HOW TO PLAY/CONTROL 1 ON 1 SITUATIONS ALL OVER THE ICE
- STARTING THE BREAKOUT/MAKING THE "GOOD" FIRST PASS
- SHOOTING AND OFFENSIVE ZONE PLAY-WHEN TO JOIN THE RUSH/PINCH

PERSONALIZED PROGRAM
 -TELL HENRY
 WHAT YOU WANT TO
 IMPROVE & WORK ON
 AT REGISTRATION!



Register at

acreshockey.com

"Just wanted you to know how quickly I noted the difference in Ravi's play from just a two day clinic. He is doing a different camp this week where they were doing some 1 on 1's. The first thing I noticed was the ridiculous improvement in his gap control and taking away time/space. Pretty amazing."
 -Paul M.

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